



Adult Education 5779 August 2018 – August 2019

1. LUNCH AND LEARN: THE BOOK OF LEVITICUS will be taught by Rabbi Rachlis, who will teach the formative myths and stories of our tradition, from the wandering through the wilderness in search of a better life to the most ethical portions dealing with justice, freedom, and the building of a humane society. The text will be handed out at each class. Bring a dairy lunch if you wish; drinks will be provided. **RSVP to Sue Penn at spenn@universitiesynagogue.org.**

Dates: One Tuesday/month, 10/2, 11/13, 12/18, 1/8, 2/5, 3/5, 4/2; Time: 12:00 – 1:00 p.m.

2. JEWISH ETHICS IN A GLOBAL WORLD will be taught by Rabbi Rachlis. We will study traditional Jewish ethical texts dealing with contemporary issues. The texts will be given out at each class. **Dates: Sundays: 10/28; 11/18; 12/16; Time: 10:30 – 11:30 a.m.**

3. PRIVATE TUTORIAL WITH RABBI RACHLIS

Rabbi Rachlis will teach any University Synagogue member anything that he/she wants to learn. Just set up an appointment; he'll give you a syllabus and you'll meet with him approximately once a month for individualized study.

4. JEWISH-CHRISTIAN DIALOGUE ON “THE WORLD WE LIVE IN,” led by Rabbi Rachlis and Reverend Paul Tellstrom of Irvine United Congregational Church. This series will focus on contemporary religious, political and ethical issues.

- **Our Annual Pre-Thanksgiving Service with Irvine United Congregational Church will be held at IUCC, 4915 Alton Parkway.**

Date: Tuesday, 11/20; Time: 7:30 p.m.

Guest speaker: UCI Law Professor Michele Bratcher Goodwin

5. LEARNER'S MINYAN: JEWISH BODY LANGUAGE & THE LANGUAGE OF PRAYER

Learn the structure, body language (bending, bowing, closing one's eyes, etc.) and melodies of Shabbat services.

Taught by Rabbi Rachlis and Cantor Braier

Date: Saturday, 3/2; Time: 11:00 a.m. – 12:00 p.m.

6. TORAH TROPE

Learn to chant Torah. Reading knowledge of Hebrew is required.

Taught by Cantor Braier

Date: Mondays: 1/28; 2/4; 2/11; 2/25 Time: 5:30 – 7:00 p.m.

7. BASIC JUDAISM AND BEYOND

Who are “The Jews”? How did we evolve? What do we collectively and individually believe and not believe as Jews? Reconstructionist Judaism is often thought of as a rational approach to understanding Jewish beliefs. Through a Reconstructionist prism, we view the universe in a rational and modern way.

Our Basic Judaism and Beyond class has been gathering small communities of learners over the last 15 years to de-mystify Judaism through discussions about who Jews are philosophically, ritually, historically and religiously. In this class, we compare and contrast 4 Jewish denominations to see how we are the same and different. We explore many aspects of Jewish ritual and practice including the celebration of Jewish holidays and life cycle rituals to understand why we do what we do, how it evolved and what it means to us today. As time permits, we will explore “What Judaism Says” about current topics of the day. **Instructors: Carol Richmond, Rabbi Rachlis and Director of Congregational Learning, Sue Penn**

Wednesday, 8/15* 7:00 – 9:00 p.m. The first of a “Two-Part” *Pre-Basic Judaism and Beyond (BJB) High Holy Day* informational class on the topic of Rosh Hashanah. *All congregants are invited to attend at no cost for the two Pre-BJB classes, but RSVPs are necessary to Sue at spenn@universitiesynagogue.org or by calling the office at (949) 553-3535.*

Wednesday, 8/29* 7:00 – 9:00 p.m. The second part of the *Pre-BJB High Holy Day* informational class on the topic of Yom Kippur.

Classes for all registered and paid students for our BJB class include these two classes.

Cost: Free for new members (July 1, 2018 - June 30, 2019); \$54 per session for all others plus a one-time \$50 book fee. Minimum number of students: 15

***8/15 and 8/29 are free for all members**

8. BEYOND BASIC JUDAISM MINI COURSES

Basic Judaism and Beyond is a survey class that introduces knowledge, ideas and moral precepts that form the core of Judaism in a two-semester class. These mini courses allow one to join the full BJB class for a specific number of weeks to expand knowledge in one area of interest on Wednesday evenings.

- **Sign up for one mini-course, sign up for all, but you must RSVP to Sue Penn at spenn@universitiesynagogue.org, one week prior to each mini course.**
- **BJB Mini Course 1: Fall Jewish Holiday Cycle (6 Weeks)**
Dates: Wednesdays, 8/15*; 8/29*; 9/5; 9/12; 9/26; 10/3; Time: 7:00 – 9:00 p.m.
A careful look at the how and why of the Fall Holiday cycle of Rosh Hashanah, Yom Kippur, Sukkot, Simchat Torah and Hanukkah, their history, ritual, food, celebration, and much more.
- **BJB Mini Course 2: Life Cycles (6 weeks)**
Dates: Wednesdays, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14; Time: 7:00 – 9:00 p.m.
Let's take a journey through the Jewish life cycle. From pre-conception to aging/dying and the varying Jewish approaches about the afterlife, we'll look at each important milestone through which we pass, and the rituals that have helped us to mark them through the ages.
- **BJB Mini Course 3: Comparative Judaism (4 weeks)**
Dates: Wednesdays, 11/28, 12/5, 12/12, 1/9; Time: 7:00 – 9:00 p.m.
We will take a quick trip through Jewish history, and look at various forms of Judaism. We will discover that there are different forms of Orthodoxy, and learn about the history and philosophy of the Reform, Conservative and Reconstructionist movements.
- **BJB Mini Course 4: Jewish Traditions (3 weeks)**
Dates: Wednesdays, 1/16, 1/23, 1/30; Time: 7:00 – 9:00 p.m.
We'll learn about what a Jewish home contains including mezuzot, art work, dishes, ritual items and what the word Kosher really means and how it might apply to us. We'll study the Jewish calendar to better understand its rhythms, and learn the whys and hows of celebrating Shabbat. We'll take a tour of the synagogue architecturally and ritually and follow how it has changed and stayed the same over thousands of years.
- **BJB Mini Course 5: Torah, Prayer and Great Jewish Books (4 weeks)**
Dates: Wednesdays, 2/6, 2/13, 2/20, 2/27; Time: 7:00 – 9:00 p.m.
We will look carefully at our prayer service and structure, take a close look at the Torah, and discover the great Jewish Books from ancient times to the present.
- **BJB Mini Course 6: Spring Jewish Holiday Cycle (6 weeks)**
Dates: Wednesdays, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10; Time: 7:00 – 9:00 p.m.
All you ever wanted to know about why and how we observe the Spring Jewish Holidays (Purim, Passover, Yom HaShoah, Israeli Independence Day and Shavuot), history, ritual, food, celebration, and much more.

9. DISTINGUISHED SPEAKERS SERIES

Throughout the year, well known speakers will address fascinating topics at University Synagogue. Some highlights are:



Prof. Brian Levin, Director of the Center for the Study of Hate and Extremism and Professor of Criminal Justice at Cal State University, San Bernardino, will speak on “Domestic and International Terrorism, Hate and Extremism” Friday, August 24, 2018, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)

Criminologist and civil rights attorney **Brian Levin**, who specializes in the analysis of hate crimes, terrorism and legal issues, is a Professor of Criminal Justice and Director of the Center for the Study of Hate and Extremism at California State University, San Bernardino, a nonpartisan research and policy center that examines the ways that bigotry, advocacy of extreme methods and terrorism, both domestically and internationally, deny civil and human rights to people on the basis of race, ethnicity, religion, gender, sexual orientation, disability or other relevant status characteristics. A graduate of Stanford Law School, he is a member of the Bar of the Supreme Court of the United States and the State of California, and he received his bachelor’s degree with multiple honors from the University of Pennsylvania. **Sponsored by Tom and Andra Ellingson.**



Television and movie actor and writer Stephen Tobolowsky will perform “My Adventures With God” on Selichot evening Saturday, September 1, 2018 (6:45 p.m. Havdalah Service; 7:00 p.m. Selichot Program with Stephen Tobolowsky; 8:00 p.m. Oneg Social Hour; 8:45 – 9:15 p.m. Selichot Service)

Actor Stephen Tobolowsky has performed in a lengthy list of roles in movies and television across many different genres. He worked primarily in theater during his early career, and later his film career has included *The Philadelphia Experiment*, *Spaceballs*, *Mississippi Burning*, *Groundhog Day*, *Wild Hogs*, *Mr. Magoo* and *The Insider*. Mr. Tobolowsky has been even more prolific in television over the past few decades on a diverse range of shows including, *Seinfeld*, *Mad About You*, *Chicago Hope*, *The Practice* and *Curb Your Enthusiasm*. **Sponsored by our Selichot Patrons.**



Award-winning British songwriter, storyteller, performer and broadcaster Daniel Cainer will sing original compositions in a performance entitled “Yom Kippur: A Grain of Sand, A Blade of Grass” Wednesday, September 19, 2:00 p.m. (After Yom Kippur morning services)

Daniel Cainer’s ever-evolving, Jewish themed, one-man show of unique stories is smart, funny and timely. His deeply moving tales about his family and observational comedy are entertaining with brilliant rhyming and wordplay, great musicianship and haunting tunes. A fourth generation British Jew, Daniel Cainer shares his sense of identity via a musical exploration of his ancestral roots. His performance is distinguished by a clever and original use of language, a talent for bringing characters to vivid life and his melodic lines manage to be both fresh and familiar. His show is honest, edgy, touching and unpredictable. The late Theodore Bikel was included among his fans. **Sponsored by Tom and Andra Ellingson.**



UCI Professors Daniel Stokols and Joshua and Karen Tanenbaum will speak on “The Blessings And Curses Of The Internet”

**Friday, October 12, 8:15 p.m.
(Shabbat Alive services at 7:00 p.m.)**

University Synagogue members and UCI Professors, Dr. Dan Stokols and Drs. Joshua and Karen Tanenbaum, will speak on the pros and cons of cyberspace. What do Facebook and other sites know about us and with whom do they share it? Use of the internet has also reduced our privacy and our security. It has opened the door to cyber-criminals, fake news, the distribution of hate mail, spam and malware.

Daniel Stokols is Chancellor’s Professor Emeritus at UCI and served as founding dean of UCI’s School of Social Ecology. **Joshua Tanenbaum** is an Assistant Professor at UCI’s Department of Informatics where he runs a group called the Transformative Play Lab. **Karen Tanenbaum** is a Project Scientist at UCI where she is the co-founder of the Transformative Play Lab and Lab Manager of the Evoke Lab. ***This presentation is part of our “Policy Forum,” co-sponsored by Tom and Andra Ellingson of University Synagogue and the Anti-Defamation League.***



A new group of Merage Israeli Fellows, whose specialty is Medical Devices, will briefly introduce themselves. Sponsored by the Merage Foundations.



**Pulitzer Prize Winning Journalist, Sonia Nazario, will speak on “How To Welcome The Stranger And Uphold The Rule of Law”
Friday, November 16, 7:00 p.m. (During National Refugee Shabbat)**

The United States has cut the number of refugees it accepts to virtually zero – a clear reversal of the moral reckoning this country had after WWII, when it turned away Jews fleeing the Holocaust. In her talk, two-time Pulitzer Prize winner **Sonia Nazario** will discuss who is coming to the United States, the journey they make and how the United States can both welcome the stranger and curtail unlawful migration by implementing three solutions rarely discussed in the heated immigration debate. Ms. Nazario’s stories have tackled some of this country’s most intractable problems – hunger, drug addiction, immigration. She is best known for her national best seller *Enrique’s Journey*, the story of a Honduran boy’s struggle to find his mother in the United States. Her recent humanitarian efforts to get lawyers for unaccompanied migrant children led to her selection as the recipient of the *2015 Don and Arvonne Fraser Human Rights Award*, as well as numerous other prestigious humanitarian awards. Ms. Nazario was named among the most influential Latinos by Hispanic Business Magazine. She is a graduate of Williams College and has a master’s degree in Latin American studies from the University of California, Berkeley. She began her career at the Wall Street Journal and the Los Angeles Times. She is a New York Times contributor on immigration and asylum and is also currently working on her second book. ***This presentation is part of our “Policy Forum,” co-sponsored by Tom and Andra Ellingson of University Synagogue and the Anti-Defamation League.***



UCI Law Professor and Director of the Center for Biotechnology and Global Health Policy, Michele Bratcher Goodwin, will speak.

Tuesday, November 20, 7:30 p.m. (During our 7:30 p.m. Pre-Thanksgiving service held at Irvine United Congregational Church, 4915 Alton Parkway)

Professor Michele Bratcher Goodwin is Chancellor's Professor at UCI with appointments in the School of Law; Program in Public Health; Department of Criminology, Law, & Society; Department of Gender and Sexuality Studies; and the Stem Cell Research Center. She is the founder and director of the Center for Biotechnology and Global Health Policy at UC Irvine School of Law and its internationally acclaimed Reproductive Justice Initiative. Prof. Goodwin serves on the National Board and Executive Committee of the American Civil Liberties Union and is an elected member of the American Law Institute and a Fellow of the American Bar Foundation. She is one of the world's leading authorities on the regulation of medicine, science and biotechnology. Her scholarship defines new ways of thinking about the intersection of law, society, economics and the human body and she is a highly sought after voice on civil liberties, reproductive justice and health, cultural politics, and human rights. Prior to teaching law, Professor Goodwin was a Gilder-Lehrman Post-Doctoral Fellow at Yale University. **Sponsored by Tom and Andra Ellingson of University Synagogue and IUCC.**



San Francisco State University Prof. Mark Dollinger will speak on "American Zionism From 1880 Until Today"

Friday, January 18, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)

Dr. Marc Dollinger holds the Richard and Rhoda Goldman Endowed Chair in Jewish Studies and Social Responsibility at San Francisco State University. An author and expert in the fields of Jews and American politics, American Zionism and California Jews, Prof. Dollinger is past president of both the Jewish Community High School of the Bay and Brandeis Hillel Day School. He serves as academic vice president of Lehrhaus Judaica, as well as a trustee of URJ Camp Newman and the Bay Area Jewish Healing Center and he is a member of the California advisory committee to the United States Commission on Civil Rights. **Co-sponsored by Tom and Andra Ellingson of University Synagogue and Community Scholar Program**



A new group of Merage Israeli Fellows, sponsored by the Merage Foundations, whose specialty is Homeland Security, will briefly introduce themselves.



Washington DC Political Pundit, Dr. Norm Ornstein will speak

Friday, February 22, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)

Dr. Norman J. Ornstein is a Resident Scholar at the American Enterprise Institute for Public Policy Research in Washington, D.C. and one of the most insightful and humorous speakers that University Synagogue has hosted over the years. Dr. Ornstein also serves as an election analyst for CBS News and writes a weekly column called "Congress Inside Out" for Roll Call newspaper. He has written for the New York Times, Washington Post, Wall Street Journal, Foreign Affairs, and other major publications. Dr. Ornstein serves as senior counselor to the Continuity of Government Commission, working to ensure that our institutions of government can be maintained in the event of a terrorist attack on Washington. His campaign finance working group of scholars and practitioners helped shape the major law, known as McCain/Feingold, that reformed the campaign financing system. Dr. Ornstein has been called "the nation's hottest pundit" by the Columbia University Journalism Review and "an icon of the press" by the National Journal. **Sponsored by Tom and Andra Ellingson.**



**Dr. Joellyn Zollman will speak on
 “Exodus: Leon Uris, Paul Newman and American Zionism”
 Friday, March 15, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)**

Across the 20th century, popular culture has played an important role in American Jewish life, as cultural conversations about American Jewish identity developed on screen and in print. One of the most memorable and impactful of these conversations was brought to us by Leon Uris and Paul Newman. *Exodus*, the epic tale of the founding of the State of Israel, offered a vision of Zionism that resonated with American viewers. This talk examines the popularity of *Exodus* and explores its effects on American Jewish identity and American Zionism. **Dr. Joellyn Zollman** holds a Ph.D. in Jewish history from Brandeis University and her topic incorporates two of her areas of specialization, Jewish art and Jewish history. Dr. Zollman has worked with the Jewish material culture collections at the Smithsonian Institution, Skirball Museum, and American Jewish Historical Society. She has taught classes on Jewish history, American religion, and religious art and architecture at San Diego State University, UCSD, and the San Diego Center for Jewish Culture. **Sponsored by Tom and Andra Ellingson.**



A new group of Merage Israeli Fellows, sponsored by the Merage Foundations, whose specialty is Food Tech, will briefly introduce themselves.



**Our Annual Biblical Trial
 Sunday, March 31, 2019, 1:00–3:30 p.m.
 Tickets are required. Watch for details!**

UC Berkeley Law School Dean Erwin Chemerinsky and Loyola Law School Professor Laurie Levenson will argue a new Biblical case, putting a Biblical character on trial, in front of University Synagogue member Justice Richard Fybel and a jury of all those in the audience. After submission of the “evidence,” there will be a lively discussion on timeless and timely moral, ethical and philosophical themes, featuring Rabbi Arnold Rachlis, Pulitzer Prize winner Dr. Jack Miles, and UCI Associate Dean for Research, School of Humanities, Dr. Julia Reinhard Lupton. Co-sponsored by Dr. Miriam Piven Cotler and Arkady and Ella Serebryannik.



**Urban Voices Project: A Skid Row Choir
 will perform “Melodies of Truth” on
 Friday, April 5, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)**

“Urban Voices Project: A Skid Row Choir,” composed of artists and performers from the Skid Row neighborhood in downtown Los Angeles, will perform. Throughout the year, they share music and its healing power with many individuals and audiences inside and outside the neighborhood of Skid Row, the epicenter of LA’s homelessness crisis. The choir is one of many programs presented by Urban Voices Project, a non-profit that brings the healing power of music directly to individuals disenfranchised by homelessness, mental health issues and unemployment. **Learn about homelessness from those who have lived it and begun to overcome it. Sponsored by Tom and Andra Ellingson.**



**University Synagogue member Justice Richard Fybel will speak on
“Kristallnacht: 80 Years Ago And Its Legacy Today”
Friday, May 3, 7:00 p.m. (During Yom HaShoah/Holocaust Memorial services)**

Justice Richard Fybel has spoken and written extensively on the subjects of the Nazi Legal System (1933-1945) and the Nuremberg Trials and he gave a keynote address in Nuremberg Courtroom No. 600 on the occasion of the 70th Anniversary of the Nuremberg Trials. Since 2004, Justice Fybel has been the Chair of the California Supreme Court’s Advisory Committee on the Code of Judicial Ethics. He is a co-author of the *California Judicial Conduct Handbook*, a treatise on judicial ethics, published in 2017 and he has received the President’s Award from the California Judges Association and the West Award from the Orange County Bar Association, the highest honors of those organizations. Justice Fybel also received the UCLA School of Law Alumnus of the Year Award for Public and Community Service, is a member of the Board of Advisors of the Rodgers Center for Holocaust Education at Chapman University and an Adjunct Professor at Chapman’s Fowler School of Law, co-teaching a seminar entitled “The Holocaust, Genocide and the Law.” Justice Fybel is a founder of the Ruth and Ernest Fybel Endowed Fund for Literature on Children of the Holocaust at the Samueli Library at Chapman University. **Sponsored by Tom and Andra Ellingson.**



**Author and Prof. Deborah Tannen will speak on
“You Just Don’t Understand: Women And Men In Conversation”
Friday, August 23, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)**

Deborah Tannen is University Professor and Professor of Linguistics at Georgetown University and the author of many books and articles about how the language of everyday conversation affects relationships. She is best known as the author of *You Just Don’t Understand: Women and Men in Conversation*, which was on the *New York Times* best seller list for 4 years and has been translated into 31 languages. This is the book that brought gender differences in communication styles to the forefront of public awareness. Other books that have received numerous awards are *Talking from 9 to 5: Women and Men at Work*; *The Argument Culture: Stopping America’s War of Words*; *I Only Say This Because I Love You: Talking to Your Parents, Partner, Sibs, and Kids When You’re All Adults* and her newest book, *You’re the Only One I Can Tell: Inside the Language of Women’s Friendships*. Prof. Tannen is a frequent guest on television and radio news and information shows, including *The Colbert Report*, *20/20*, *Good Morning America*, *The Today Show*, *PBS NewsHour*, *Hardball* and *Nightline*. She has been featured in and written for most major newspapers and magazines, including *The New York Times*, *Newsweek*, *Time*, *The Atlantic*, *USA Today*, *People*, *The Washington Post*, and *The Harvard Business Review*. The recipient of five honorary doctorates, she is a member of the PEN/Faulkner Foundation Board of Directors. **Sponsored by Tom and Andra Ellingson.**



**Former NBC Today Show Dr. Art Ulene will speak on
“Ageless: Living Up To Your Potential Instead Of Your Age”
Friday, September 20, 2019, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.)**

Dr. Ulene has spearheaded the use of national television to promote public health in America. As the NBC Today Show Medical Expert for more than 20 years, he helped Americans deal with issues such as high blood cholesterol, cardiovascular disease, nicotine addiction, childhood immunization and women's health. Dr. Ulene has authored more than 50 health-related books, videos and audios. He has also created and conducted national health promotion campaigns sponsored by Fortune 500 companies, including the AMA's Campaign Against Cholesterol, Healthy Youth 2000, Allergy Action, AMA's Women's Health Campaign and Stop for Good. **Sponsored by Tom and Andra Ellingson.**



A new group of Merage Israeli Fellows, whose specialty is Medical Devices/Life Sciences, will briefly introduce themselves. Sponsored by the Merage Foundations.

Other speakers will be added throughout the year and some may be subject to change, so please check our emails and our website at www.universitiesynagogue.org for updates.

10. The 29th ANNUAL ORANGE COUNTY INTERNATIONAL JEWISH FILM FESTIVAL, founded by University Synagogue.

Each year, University Synagogue and its community partners present films that address themes related to Jewish life, Judaism and the Jewish experience around the world. Screenings are followed by a lively discussion with screenwriter, Dr. Michael Berlin. For information and tickets, please visit www.ocjff.org or contact Susan Abramovitch at 714-964-0565.

Sundays: (9:00 a.m. bagel breakfast) – 10:00 a.m. Regal (Edwards) Westpark, Irvine – Cinema 8

- **10/28** – *The Last Suit*
- **01/06** – *Sammy Davis, Jr.: I've Gotta Be Me*
- **01/20** – *Budapest Noir*
- **02/24** – *Simon and Theodore*

Wednesdays: 7:00 p.m. Regal (Edwards) Westpark, Irvine – Cinema 8

- **10/03** – *Promise At Dawn*
- **11/07** – *Good Thoughts, Good Words, Good Deeds: The Conductor Zubin Mehta*
- **03/13** – *Shoelaces*

Wednesday: 7:00 p.m. University Synagogue

- **10/17** – *The Chosen People*
- **11/14** – *Shattered*
- **01/30** – *The Prince And The Dybbuk*
- **02/06** – *Shalom Bollywood*
- **03/06** – *Amnesia*

Detailed information is available in the Jewish Film Festival brochure.

11. GRANDPARENTING IS AN IMPORTANT JOB OPPORTUNITY

Did you realize that grandparents make up almost 40% of adults ages 30 and older according to the US census? We're important people to our families and grandchildren! We often talk about how we navigate the tricky waters between helping and interfering in our children's family dynamics. We pay special attention to aspects of Jewish grandparenting and how we can help to continue this most worthy connection to Jewish activities, awareness and rituals. Come join the conversation which covers everything including children's literature, grandparenting from near and afar and Ethical Wills to make sure your story is heard and much more. **Instructor: Carol Richmond**

Dates: Wednesdays, Session 1: 10/3, 11/7, 12/5, 1/9; Session 2: 2/6, 3/6, 4/3, 5/1

Time: 10:30 a.m. – 12:00 p.m.

Minimum number: 10. Cost: Free for members, Religious School or Pre-School grandparents; \$10 session non-members

12. ONE DAY HEBREW MARATHON

You don't have to know the Hebrew alphabet to sign up. Immerse yourself in Hebrew study so that you can join in services in time for High Holidays!

Instructor: Barbara Colitz

Date: Sunday, 8/19; Time: 10:00 a.m. – 2:00 p.m.

Cost: Free for members; Non-members: \$80

13. BEGINNER'S HEBREW

This is an ideal way to learn how to follow synagogue services, keep up with your children's Religious School education or simply enhance your own Jewish knowledge. Seven, one-hour sessions for beginners and those who need a refresher. **Instructor: Barbara Colitz**

Tuesdays: 10/2, 10/9, 10/16, 10/23, 10/30, 11/6; 11/13; Time: 6:00 – 7:00 p.m.

Cost: \$75 for members, \$100 for non-members; Minimum number of students: 6

14. INTERMEDIATE HEBREW

Instructor: Barbara Colitz

Dates: Tuesdays: 1/8, 1/15, 1/22, 1/29, 2/5, 2/12; Time: 6:00 – 7:00 p.m.

Cost: \$75 for members, \$100 for non-members; Minimum number of students: 6

15. ADVANCED HEBREW

Instructor: Barbara Colitz

Dates: Tuesdays: 3/5, 3/12, 3/19, 3/26, 4/2, 4/30; Time: 6:00 – 7:00 p.m.

Cost: \$75 for members, \$100 for non-members; Minimum number of students: 6

16. UNIVERSITY SYNAGOGUE ADULT CHOIR

Learn classical and modern Jewish choral music, and share that music with the congregation on High Holidays and at services during the year. We welcome singers who read music, as well as those who learn music by ear, in all voice parts (Soprano, Alto, Tenor, and Bass/Baritone).

Director: Shannon Fowler; Dates: Mondays; Time: 7:15 – 9:00 p.m.

17. RECONSTRUCTIONIST STUDY GROUP (RSG)

As we enter our fourth year of lay-inspired study, we will continue to meet in peoples' homes to challenge ourselves with readings and textual material on Jewish subjects from a Reconstructionist point of view. Dr. Michael Schaffer, scholar and University Synagogue member, has been graciously and ably leading us in our monthly analyses of assigned readings. From time to time, we have other notable personages join us, contributing their varied expertise and knowledge. Our readings vary as to source but all have been fruitful and challenging and stimulate spirited discussion. Our participants run the gamut as to Jewish background and knowledge but we all contribute and we all learn from each other. Come and join us. All are welcome.

Dates: One Monday every month, 9/24, 10/22, 11/26, 12/17, 1/28, 2/25, 3/25, 4/22, 5/20

Time: 7:30 – 9:00 p.m. Location: TBD

RSVP to spenn@universitysynagogue.org. (Please indicate if you are willing to host and/or facilitate one of these sessions. We will provide the readings and the framework.)

18. ISRAELI DANCING WITH TESSA

Please join us in an advanced Israeli dance group. The music is wonderful, anyone can learn the steps, and it's good for you! We will send you a YouTube video after we have taught a dance, so you can practice it at home. *Class is currently at capacity, but we are adding names to our waiting list.*

Instructor: Tessa Kershner

Dates: Mondays and Wednesdays; Time 7:00 – 8:30 p.m.; Cost: Free

19. BEGINNER ISRAELI DANCING WITH GILA AND ALAN

Please join us in a beginners Israeli dance group. The music is wonderful, anyone can learn the steps, and it's good for you! We will send you a YouTube video after we have taught a dance, so you can practice it at home.

Instructor: Gila and Alan; Dates: Wednesdays; Time 6:00 – 7:00 p.m.; Cost: Free

20. US BRIDGES - A SOCIAL COMMUNITY FOR THOSE WITH MEMORY LOSS

Do you know someone who would benefit from our Adult Day community of active and enthusiastic participants? University Synagogue's Bridges' program offers a social group model for those with memory loss who are independently capable of completing their daily activities. This program challenges participants, encourages an active lifestyle and brings together a mix of both cognitive and physical activities, designed to create social and inter-generational interactions and cultural involvement. Our activities include music, art, exercise, brain games, outdoor activities and fresh meals prepared on site. We are open to people from all backgrounds and faiths but, from time to time, Jewish traditions are highlighted.

Instructor: Heather Anderson; Dates: Tuesdays and Thursdays

Time: 9:00 a.m. – 3:00 p.m.; Cost: \$70 per day. Minimum of 10 clients per day

21. CARING FOR A LOVED ONE WITH MEMORY LOSS: MANAGING DIFFICULT BEHAVIORS

This class will discuss several of the challenging behaviors commonly displayed by individuals with early to mid-stage dementia. It will also suggest strategies for managing these behaviors.

Instructor: Gail Reisman, PhD; Date: Thursday, 9/27; Time: 9:30 – 11:30 a.m.

22. VIRTUAL DEMENTIA TOUR

This tour, led by Silverado Professional Staff, will provide participants with an experiential simulation to help understand what their loved ones who are dealing with dementia might be going through. They will experience day to day living from the perspective of someone suffering with dementia. By the end of the tour, participants will know what dementia feels like, develop a better understanding of it and be able to integrate this experience into the day to day management of dementia and interaction with people who deal with this diagnosis.

Date: Wednesday, 10/17

Session 1: 4:00 – 6:00 p.m.; Session 2: 6:00 – 8:00 p.m.

Cost: Free; Two sessions of a maximum of 30 people each

23. JEWISH VALUES AND THE ISRAELI PALESTINIAN CONFLICT – A HARTMAN INSTITUTE LECTURE AND STUDY SERIES

Through video lectures, text study and lively group discussion, we are pleased to bring the world-renowned faculty of the Shalom Hartman Institute into the University Synagogue community this fall.

This class explores one of the most divisive issues affecting the Jewish people today: the Israeli-Palestinian conflict. Through the study of Jewish narratives about Israel and the unpacking of the complex meanings of peace in Jewish tradition, participants are invited to explore the ideas and values that animate different attitudes toward the conflict and how these values shape their own political understandings. Though a shared political platform may not be attainable, this course strives to achieve a shared respect for our differences.

Together we will engage in a new values-based discourse about Israel, including topics such as: *Living With Difference*, *The Israel We Imagine*, *Jewish Narratives of Peace*, *Attitudes Towards the Land*, *Justice*, *Self-Preservation*, *Compromise*, and *The Idea of Jewish Exceptionalism*. Each session includes text study, discussion, video lecture and interviews with leading Hartman scholars.

Led by Sue Penn, Director of Congregational Learning

Dates: Tuesdays, 9/25; 10/9; 11/6; 11/27; 12/4; 12/18; 1/8; 1/29; 2/12; 2/26; 3/5, 3/12

Time: 6:30 – 8:30 p.m.; Cost: \$100

24. TORAH, TIYUL, V'TALMUD

Join your fellow congregants as we take a Saturday morning walk/light hike for 40ish minutes, stopping to listen to and discuss a D'var Torah while eating breakfast together. Each month a different leader will decide on our hike location and lead the D'var Torah. Please contact Sue Penn at spenn@universitiesynagogue.org if you're interested in leading one month.

Instructors: Director of Congregational Learning, Sue Penn, Michele Walot, Mark Bregman, Lisa Metzger, Dr. Marc Richmond, Andra Greene Ellingson and Patrick Schlup

Dates: TBD; Time: 9:00 a.m.

25. TALKING ACROSS THE PARTISAN DIVIDE

Recent surveys have found that many Americans would rather have their children marry someone of a different race or religion than of a different political party. This reveals the depth of division and distrust that now permeates our political culture. How did we get so polarized? Come participate in small group conversations that bring together people of different views to discuss ways to promote civility and respect.

Facilitator: League of Women Voters

Time: 6:30 – 8:30 p.m.; Date: Tuesday, 1/15; Minimum number of people: 18

26. BODY MECHANICS/POSTURAL AWARENESS

Interested in aging with a higher quality of life? The earlier you gain awareness of how you hold and move your body the better. Did you know that using good posture /good body mechanics during your daily activities is a form of exercise? Enjoy physical-therapist-led education and group exercise. Participants will learn what areas of the body tend to tighten and what areas tend to weaken as we age, and what are the stretching and strengthening strategies to counteract the body's inclination to slump with age. There are benefits to good posture other than looking more confident. Learn what they are. Exercises may be in sitting, standing, or lying and are slow-paced. Bring various size towels, and a mat. Optional: Smartphone/camera, if you want to document your posture, and a notebook to take notes.

Instructor: Debra Miller Osorio, PT, Focus on Wellness and Prevention

Dates: 4 weeks, once a week on Mondays: 10/15; 10/22; 10/29; 11/5

Time: 7:00 – 8:00 p.m.; Cost: \$60

Minimum Age: 18; Minimum number of students: 5; Maximum number of students: 12

27. POLICY FORUM, CO-SPONSORED BY UNIVERSITY SYNAGOGUE AND THE ANTI-DEFAMATION LEAGUE



Join business, professional, political and intellectual leaders for some learning. We will analyze crucial contemporary issues with attention also to Jewish culture and history. Special events and additional speakers may be added from time to time. Cost: Free.

- **Friday, 10/12/18, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.) UCI Professors Daniel Stokols and Joshua and Karen Tanenbaum on “The Blessings And Curses Of The Internet”**
- **Friday, 11/16/18, 7:00 p.m. (During Refugee Shabbat services) Pulitzer Prize Winning Journalist, Sonia Nazario, will speak on “How To Welcome The Stranger And Uphold The Rule of Law”**
- **Friday, 2/1/19, 7:00 p.m. on “The Ethics and Reality of Global Warming and Climate Change” (During services)**
- **Friday, 5/17/19, 8:15 p.m. (Shabbat Alive services at 7:00 p.m.) on “Israeli Nationalism: Jews, Arabs And The One- Or Two-State Solution”**

Co-Chairs:

- **Rabbi Arnold Rachlis**, University Synagogue, served in Washington, DC as a White House Fellow and as a Senior Foreign Affairs Advisor in the State Department. In addition, the White House appointed him to be a Regional Panelist for the President's Commission on White House Fellowships in both Democratic and Republican Administrations.
- **Rabbi Peter Levi** is a veteran Jewish community professional with experiences in community relations and interfaith affairs and now directs the Anti-Defamation League's Orange County/Long Beach Regional Office. He serves as president of the Orange County Board of Rabbis, participates in the Orange County Sheriff's Interfaith Advisory Council and serves on the editorial board of the *CCAR Journal: The Reform Jewish Quarterly*.

Facilitated by:

- **Marshall Kaplan**, Advisor to the El Sol Science and Arts Academy and the Merage Foundations, former Dean of the Graduate School of Public Affairs at the University of Colorado, senior staff in the Kennedy, Carter Administrations. Received many awards for sustainability and equal opportunity achievements.

28. LIVING JUDAISM FAMILY WORKSHOPS

Join us for family workshops after Religious School's Living Judaism Program to prepare, cook and learn about the rituals associated with the following holidays.

Instructors: Carol Richmond, Director of Congregational Learning, Sue Penn, and guest instructor Catherine Campbell, master Challah Baker

Sundays: 10/28 on the topic of Shabbat; 12/2 on the topic of Hanukkah; 3/3 on the topic of Purim; 4/14 on the topic of Pesach; Time: 12:15 – 1:30 p.m.

29. COMMUNITY CULTURAL CONCERT

Join your fellow congregants and members of the broader Orange County Community for a complimentary one-hour Chamber Music Orange County community concert. The concert will be followed by a bagel brunch. Funded by a grant from the Orange County Jewish Community Foundation.

Date: Tuesday, 2/5; Time: 10:00 – 11:30 a.m. RSVP to Pam@Universitysynagogue.org.

30. AMERICAN JEWISH WOMEN DIRECTORS: FROM JOAN MICKLIN-SILVER TO JILL SOLOWAY

Although women have always been part of making American films as actresses and screenwriters, their entry into the ranks of directors has been slow. Several notable Jewish female directors emerged on the scene in the 1970s and brought both a Jewish and feminist perspective to their films. This lecture will profile several of these notable directors starting with the pioneers Joan Micklin-Silver (*Hester Street* and *Crossing Delancey*), Claudia Weil (*Girlfriends*) and Barbra Streisand (*Yentl* and *The Price of Tides*) to a new generation of Jewish women directors like Lena Dunham (*Girls*) and Jill Soloway (*Transparent*) who have pushed the sexual and religious boundaries of how Jewish women are depicted.

Instructor: Cal State San Diego Film Professor, Lawrence Baron

Date: Wednesday, 10/10; Time: 4:00 – 6:00 p.m.

Cost: \$18 for Women Connection members; \$24 for non-Women's Connection members

31. WOMEN'S WELLNESS SERIES, PART I- HEREDITARY CANCER IN ASHKENAZI JEWISH FAMILIES

Hereditary breast, ovarian, colon, pancreatic and prostate cancer occur more frequently in Ashkenazi Jewish families. Learn how to find out if you are at increased risk and why you would want to know.

Instructor: Jeanne Homer, MS, LCGC, Genetic Counselor Supervisor, Hereditary Cancer Program, Hoag Family Cancer Institute

Date: Wednesday, 01/23; Time: 9:30 – 11:30 a.m.

**Cost: \$18 for Women's Connection Members;
\$24 for Women's Connection Non-Members**

32. WOMEN'S WELLNESS SERIES, PART II – NEW TRENDS IN DERMATOLOGY FOR WOMEN

Instructor: Dr. Zena Gabriel

Date: TBD; Time: TBD

**Cost: \$18 for Women's Connection Members;
\$24 for Women's Connection Non-Members**

33. SOLVING EVERYDAY PARENTING CHALLENGES; ENJOY YOUR KIDS MORE

Want to enjoy parenting more? Ignore your kids? No, really. That's what Dr. Catherine Pearlman recommends to parents to decrease whining, complaining, tantrums, power struggles and negotiation. As a licensed clinical social worker and *The Family Coach*, Catherine has helped thousands of parents improve behavior and, more importantly, enjoy family time more. Come hear Catherine talk about her new book, *Ignore It!* She'll explain why parents are inadvertently reinforcing all the wrong behaviors and why kids will continue their behavior even if there are consequences or negative attention. You will leave feeling empowered with practical tools to avoid engaging in power struggles, stop using attention as a reward for misbehavior and use effective behavior modification to diminish and often eliminate problem behavior. **Facilitator: Catherine Pearlman, PhD LCSW**

A Series of 3 Sessions – opening with a discussion about the topic of the month, followed by a general “Ask Me Anything” session.

Wednesday, 10/17 - Toddler issues – potty training, tantrums and all things toddler

Wednesday, 11/14 - Healthy sleep habits for the whole family

Wednesday, 12/12 - Food and nutrition

Time: 10:30 a.m. - 12:00 p.m.; Cost: Free

34. IF YOU'RE NOT AT THE TABLE, YOU'RE PROBABLY ON THE MENU

Understanding activism and civic participation.

Facilitator: Former Irvine Mayor Beth Krom

Date: Wednesday, 09/26; Time: 7:00 – 9:00 p.m.

35. A RETROSPECTIVE OF THE PAST ELECTION

Facilitator: Professor Louis DeSipio, UCI Political Scientist

Date: Tuesday, 11/13; Time: 7:00 – 9:00 p.m. Coffee and dessert will follow.

Cost: \$10 for Women's Connection Members;

\$18 for Non-Women's Connection Members.

RSVP to Barbara Cohen at blcohen@uci.edu.

***All classes are at University Synagogue unless otherwise noted.
The schedule is subject to change, so always RSVP at least
one week prior to the class.***

***Please check our website at www.universitiesynagogue.org
for added classes and events.***

You can register online, fax, email or mail your completed enrollment form and fees (if any) to:

University Synagogue
3400 Michelson Dr.
Irvine, CA 92612
(949) 553-3535; Fax: (949) 553-4034
Website: www.universitysynagogue.org
Email: office@universitysynagogue.org

Name(s): _____
(Please Print)

Address: _____

City & Zip: _____

Phone: (home) _____ (Cell) _____ (Email) _____

Charge Card: Visa ___ MC ___ No. _____ Exp. _____

Amount \$ _____

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REGISTRATION AND INFORMATION:

Costs: Please note that some courses require payment. There is often a difference between member costs and non-member costs.

Questions? Call Sue Penn, Director of Congregational Learning, (949) 553-3535, Ext. 241, or email spenn@universitysynagogue.org.