Staying Healthy at Preschool!
We are going back to school! I am excited to see my teachers, friends, and classroom.

At school, there are some things that will be new and different.
My family will be wearing masks when they drop me off and pick me up. The masks cover their mouths and noses but we can still see their eyes! They wear masks to help keep everyone at school safe.
We will park in the parking lot like before. Instead of using the front door, we will be entering through the front gate on the playground. We might have to wait in line before going into the playground and our classroom. We can sing songs while we wait.
One of my teachers will take my temperature and make sure I am feeling well! My parent or family member will be with me.
When I See My Teachers

Just like my family, my teachers will also be wearing a mask. I will be able to see their eyes and hear their voice. The teachers will have a button with a photo of themselves on their shirt.

I say goodbye to my family on the yard and go with my teacher into the classroom.
The first thing I do when I go into the classroom is wash my hands. This helps everyone stay healthy!

We will have to wash our hands a little more throughout the day. We still wash our hands after we use the bathroom. We will also wash our hands before and after we eat, and before and after we play outside.
Staying in our classroom may make us miss our friends and teachers in other rooms. We can still wave at them from the windows and doors when we see them.

Wave Hello!
We may also miss seeing our enrichment teachers, visiting the music room with Miss Leslie, or the social hall for Shabbat. We have so many fun toys and activities to do in the classroom, and will be able to make Shabbat special with our teachers!
Hugging and touching our friends and teachers might spread germs. We can do other things to show how much we love our friends and teachers.
Instead of having school snack and lunch, I will be bringing my own food from home. I will also be bringing my own plates, and utensils. My teachers can help with suggestions for my snacks and lunch. I will still remember that our preschool is nut and meat free.
When it is time to go home, I will get all my things from my cubby. My teacher will walk with me through the play yard and sit with me outside. I will wait for my family to drive up to the curb in their car. My family will sign me out and we will get back in the car together.
I notice that my day has some new routines. New ways of doing things can bring up lots of different feelings. I may feel different emotions all at the same time. It’s OK to feel all of the emotions I am feeling!
I can talk to my family, my teachers and my friends about all my feelings, the new routines or any questions I may have!

WE CAN'T WAIT TO SEE YOU!